

NEWSLETTER

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FOSA Colour Run – A Splash of Fun and Fantastic Fundraising!



Wow – what an amazing day we had at our Colour Run today! The sun was shining, the colours were flying, and the smiles were everywhere. It was fantastic to see so many children, staff, and families getting involved, having fun, and getting well and truly covered in paint!

There was such a great atmosphere, with lots of laughter, and a real sense of community. Whether you ran, walked, danced or cheered from the sidelines – thank you for being part of it! We're absolutely thrilled to let you know that, after expenses, you all raised a brilliant £2715.78 🇬🇧 This total includes money from: Sponsorships, Tombola, Paint sales and Refreshments. Every penny will go back into supporting fun and exciting opportunities for our pupils – and it's all thanks to you!

A massive thank you to everyone who helped make the day happen – and a special thank you to the hard work of our fabulous FOSA team and school staff for organising and setting up, to throwing paint, running stalls, and cheering everyone on. We couldn't have done it without you. Well done, Upwell Academy – you smashed it! Here's to even more colourful events in the future!



Key Dates
for your
diary

19-23.5.25
KS1 Assessments

21.5.25
Cygnet Class Crafty
Cuppa 1:45-3pm

21.5.25
School & community
Team Visit for EYFS
parents

Y6 Parents
Meeting:
Residential 3:30-
4:14

A Magical Day of Storytelling with Author C.S. Clifford!

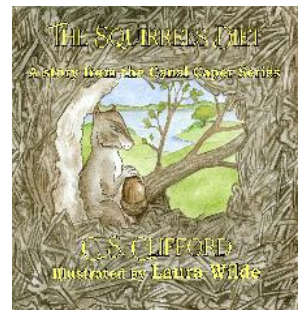
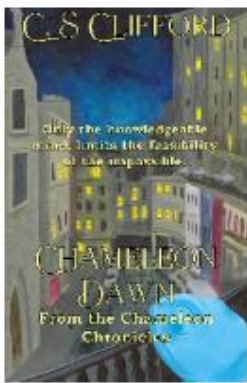
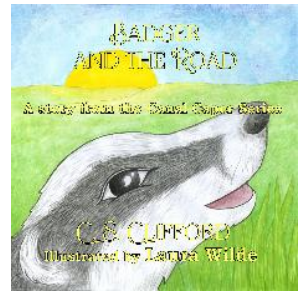
We were thrilled to welcome children's author C.S. Clifford to Upwell Academy this week for a fun-filled day of reading, imagination, and creativity!

The day kicked off with a whole-school assembly where Mr Clifford shared his journey as an author, the inspiration behind his stories, and a few exciting sneak peeks from his books. The pupils were absolutely captivated – there were laughs, gasps, and lots of curious questions!

Each class then had the chance to take part in a special workshop led by the author himself. From learning how to build a brilliant story to exploring wild and wonderful characters, every session was full of energy and enthusiasm. It was a fantastic opportunity for our pupils to get creative and see just how fun writing can be.

C.S. Clifford also kindly brought copies of his books for families to purchase and take home, many of them signed personally – a lovely keepsake from an inspiring visit.

A huge thank you to Mr Clifford for spending the day with us and sparking so much excitement around books and storytelling. It was a day to remember, and we hope it's inspired some of our budding authors to start writing their own adventures!

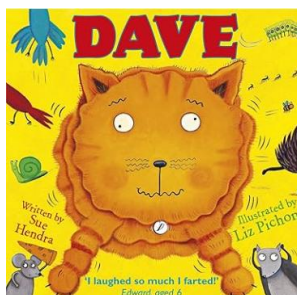
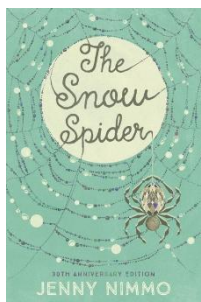


Year 5 Crafty Cuppa – A Creative Afternoon of Fun



This week, our Year 5 students and their parents enjoyed a wonderful Crafty Cuppa afternoon. The session began with Mrs. Fisher sharing an engaging text: Dave by Sue Hendra and the first part of The Snow Spider by Jenny Nimmo. Mrs. Fisher also talked about reading strategies, discussing why authors choose specific words and punctuation, and how these choices impact the reader.

After the stories, families got creative with a crafting session, making paper spiders with googly eyes. The results were amazing!



We were thrilled to have the School & Communities Team join us, bringing their expertise in SEND support and advice. Their involvement provided valuable insights, making the event even more special. It was a fantastic example of the community coming together to support our children's growth.

Thank you to everyone who participated – it was a truly enjoyable afternoon of creativity, learning, and community spirit!



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Sparkling Smiles at Upwell Academy!

NHS Tooth Brushing Program

This week, our EYFS and Year 1 pupils started taking part in the NHS Tooth Brushing Program – a fantastic initiative to help children learn the importance of looking after their teeth from an early age.

Each child now has their own toothbrush and takes part in a fun, supervised tooth brushing session during the school day. The aim is to build good habits, boost confidence, and make brushing part of the daily routine.

The children have really enjoyed getting involved and learning all about keeping their teeth clean and healthy. We've already seen lots of enthusiastic brushing – and plenty of proud, pearly-white smiles!

A big thank you to the NHS team for supporting us with resources and training to get the program up and running. We're excited to see our young learners develop healthy habits that will last a lifetime.



PLT NEWS – Scholastic Book Fayre

A huge congratulations to our Pupil Leadership Team for their fantastic work at this year's Bookfair!

The team stepped up to oversee every aspect of the event – from calculating costs and advising on book selections, to setting up the fair and handling all the funds. Their leadership and organisational skills were truly impressive, and they did a brilliant job making sure everything ran smoothly.

Thanks to their hard work, the Bookfair was a great success! Our students not only had the chance to explore a wide range of exciting books but also learned valuable skills in managing an event and handling money.

A big thank you to our incredible Pupil Leadership Team for their dedication and support. You've made this year's Bookfair one to remember!



Congratulations Year 6 on Completing SATs!

A huge well done to our Year 6 pupils for completing their SATs this week! We're incredibly proud of their hard work, resilience, and positive attitude throughout this challenging time.

Thanks to all the parents for their ongoing support and to our staff for their dedication in preparing the pupils. We also want to give a special mention to the delicious SATs week breakfasts and the tasty bacon rolls at the end of the week – a well-deserved treat for everyone after all their hard work! Well done, Year 6 – you've done yourselves proud!



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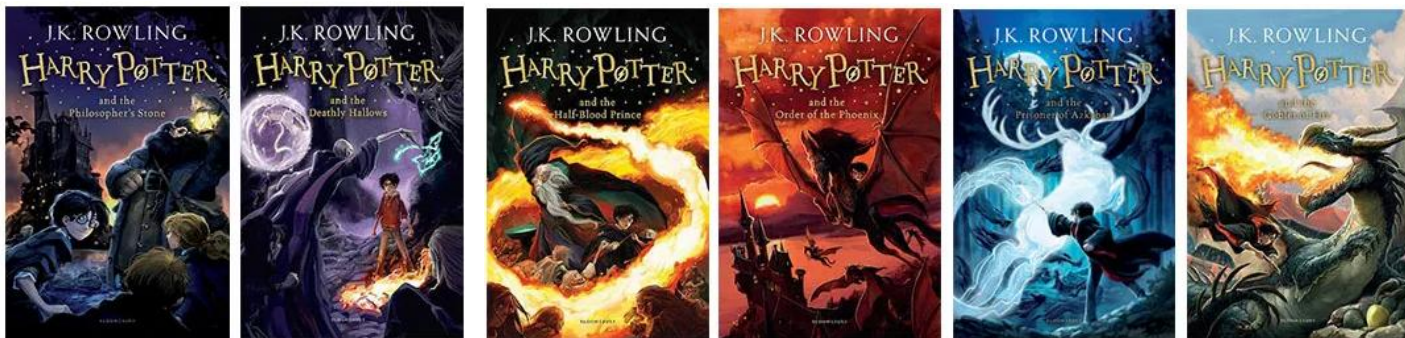
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🌟 Harry Potter Writing Day at Upwell



This week, Upwell Academy was filled with magic for our Harry Potter Writing Day! Students from all year groups joined in for a day packed with creativity, inspiration, and, of course, plenty of writing.

The day began with an exciting introduction to the wizarding world, sparking imaginations as our children dove into magical writing prompts. From writing stories about magical creatures to creating their own adventures at Hogwarts, the pupils had a blast exploring the magical possibilities of the Harry Potter universe.

Throughout the day, our children took part in a variety of themed activities, including wand-making and designing fantastical creatures. It was fantastic to see so many young writers adding their own magical twists to the Harry Potter world and sharing their stories with classmates. A big thank you to our amazing staff for bringing the magic to life and inspiring the children to be creative and imaginative. What a wonderful day of magic, fun, and writing!

We're already looking forward to our next creative writing adventure at Upwell Academy!

📧 Year 1 Send Pen Pal Letters

On Friday, **Year 1** children walked to the post box to send the thoughtfully written letters they had crafted earlier in the week to their pen pals. The children thoroughly enjoyed the experience of affixing their own stamps and posting the letters into the box.

Miss Wardle was extremely proud of how responsibly and calmly they walked, and it was a wonderful opportunity for them to engage with the joy of letter writing. Well done, Year 1!



🧱 Kids with Bricks Club: American Football Builds!



This week, our Kids with Bricks Club builders took on the American Football theme and created some fantastic models.

Congrats to our Builders of the Week: Leo E, Henry P, and Anthony T from Year 4. Great job, everyone! Remember to vote for them on the Kids with Bricks website: [Vote Here.](#)



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A gentle reminder that we no longer use Class Dojo for direct messaging to staff. All correspondence should come through the office either via email: office@upa.eastern-mat.co.uk or call 01945 773220. This supports our staff, parents and our safeguarding policy and is best practice.

Please continue to upload home learning and out of school success to your portfolios. Thank you for your cooperation and support with this.

Out of School Success!

Let's celebrate your achievements out of school! Upload to your portfolio and you could see them here next week.



Learning Highlights

Reception: Cygnet Class

This week in Cygnet Class, we've been learning about castles and their special features. In Drawing Club, we read *The Queen's Hat* and imagined ourselves as royalty, drawing self-portraits as kings or queens and creating titles. We also designed our own crowns, showing lots of creativity. Later, we began *Vlad and the Great Fire of London*, learning about the historical event through drawings and fantastic sentence writing. In Maths, we focused on the '5 and a bit' structure and number bonds to 10, with children making great progress in their understanding.

Year 1: Waterlily Class

Another great week from year 1! In English we have started looking at a new book all about a lion in the savannah. The children have been using some rather impressive adjectives to describe the characters as well as some beautiful drawing to accompany. In maths the children have really enjoyed looking at coins and the value they hold. They have used their impressive counting skills to work out the cost of items and the coins they could use. I look forward to expanding on this next week!

Year 2: Otter Class

Another amazing week for Year 2! In English, we have finished our unit on Twelfth Night by William Shakespeare. The children have been using lots of their drama skills intertwined with their descriptive writing skills for some lovely character descriptions. In maths, we are coming to the end of our unit on fractions and have started to look at time. The children have impressed me with their knowledge of the clock and the minutes between each hour. Well done Otter Class for all your hard work this week, I am very proud! Keep it up!

Year 3: Swan Class

We have had a very productive week in swan class this week with the children working hard to learn and develop some key writing skills in our narrative writing surrounding Peter Pan. The children looked at using speech and I have seen so many wonderful examples throughout their writing! We have also been learning about time and enjoying working out different times and how to say them. I can't believe we will be in our last week for the half term next week, keep working hard Year 3, I am super impressed!

Year 4: Dragonfly Class

I am really enjoying teaching year 4! We have been practising using figurative language in English this week. Learning about similes and personification. Next week, we will use our new writing skills to develop our own setting descriptions.



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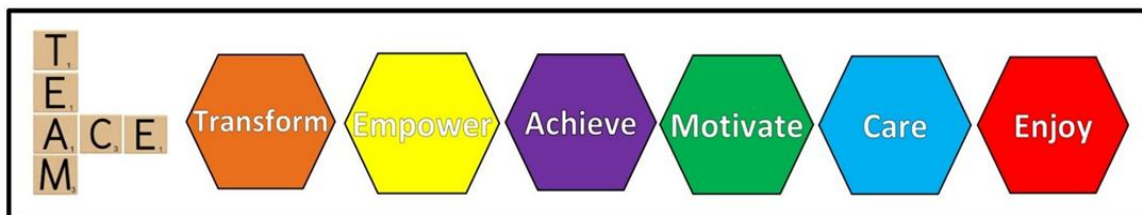


Year 5: Willow Class

We have concluded our learning about Macbeth this week. All the staff have been very impressed with the knowledge they now have about the play. They have analysed the characters and the themes and have worked incredibly hard. Next week, we will be starting the Highway Man by Alfred Noyes

Year 6: Kingfisher Class

We are all incredibly proud of Kingfisher class who have had their KS2 SATS this week. We impressed MR Creswell who popped in to encourage us and wish us his best and to our special visitor from the local authority too. You have been amazing Year 6! I thought I'd share this photo of another special guest that popped by to say hello! Have a well-rested weekend Y6.



Our 'Date for your Diary' will be added to each week and can also be found on the [Academy Calendar](#) page of our website.

Updates



Summer Term	
19-21.5.25	Ks1 Assessments
21 st May	EYFS Crafty Cuppa – Reception Class parents invited 1:45-3pm School & Communities Team available for parents
22 nd May	Year 6 Parents Meeting – Residential 3:30 – 4:15pm
19 th May	Potential RNLI Assembly to KS2
25 th – 1 st June	Half-Term
2 nd June	Children return to school
3 rd June	Year 3 Houghton Hall Trip
5 th June	Mini Tennis Lynnsport
9 th June	Year 1 Phonics & Times Tables check
10 th June	EYFS & Y6 Height & Weight Check
14 th June	Saturday Morning Library Hour 9-10am
18 th June	Year 6 Crafty Cuppa – Y6 parents invited 1:45-3pm School & Communities Team available for parents
19 th June	Aspens 'Dive into the Deep Blue' Special Lunch
23 rd June	School Sports Partnership Quadkids Athletics
25 th June	Yr4 Trip to Oliver Cromwell's House, Ely
26 th June	Sports Leaders workshop with WNSP
27 th June	Year 6 Afterschool Leavers' Event



30 th June – 2 nd July	Year 6 Residential Claythorpe Court
30 th June	KS1 Active Kids Event
1 st July	Downham Cluster Area Sports
3 rd July	Sports Leaders workshop with WNSP
4 th July	Yr 5 & 6 Cambridge Hands-on Science Workshops all day
7 th - 11 th July	Sport Week
8 th July	Great Athletes – Olympian Visit
9 th July	Whole School Sports Day (weather permitting)
10 th July	Y5 & 6 Mini Tennis event Lynnsport
15 th July	Reserve Sports Day
10 th July	FOSA End of Year Disco
14 th July	Transition Week - Move up Assembly 14 th July 9am
17 th July	Aspens 'The Big Picnic' Special Lunch
17 th July	New Class Teacher Parent Workshop 3:20-3:50pm
17 th July	Year 5 Marshland High School Taster Day
19 th July	Saturday Morning Library Hour 9-10am
21 st July	Year 6 Leavers Assembly 2pm
22 nd July	Pupil Leadership Team Speeches and Polling Station
22 nd July	Term ends



JUNIOR CRICKET TRAINING 2025

BOYS & GIRLS 8-15 YEARS OLD

Softball and Hardball cricket sessions open to those of all abilities - new players welcome!

All sessions led by highly qualified Level 2 and 3 ECB coaches with the focus on skills, games and having fun!

**EVERY FRIDAY
6PM UNTIL 7.30PM
DSCC, STOW HALL, PE34 3HU**

INTERESTED IN JOINING? GET IN TOUCH VIA
EMAIL - INFO@DOWNHAMSTOWCC.CO.UK
FOR MORE INFORMATION

DOWNHAM STOW CRICKET CLUB JUNIORS



LITTLE RIDERS

Children's Cycling Courses

Learn to Ride Courses

Description
Our Learn to Ride course (4 x 1hr lessons) is designed for children aged 4-10 yrs who would like to learn how to ride a bike with pedals. The course will give them all of the skills and confidence they need to cycle independently. Don't worry if your child doesn't have their own bike or helmet as we can lend them both.

Dates
Tuesday 27th to Friday 30th May (2.00-3.00pm) @ Greenpark Academy, Kings Lynn
Tuesday 27th to Friday 30th May (3.15-4.15pm) @ Greenpark Academy, Kings Lynn

Price
Places on the course cost £50 per child (plus booking fee).

Book Now
For more information and to book a place visit www.littleriders.co.uk/learn toride/

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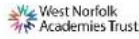
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Marshland High School



Year 5 High School Experience Day

Thursday 17th July
9.15am – 2.40pm

Experience a day in the life of a Marshland High School student!

Fun lessons in many exciting subjects including:

Art Science Music Languages PE

Registration forms will be sent out to Primary Schools next week and will need to be returned by 17th June 2025.

For further information please email: s.swinburn@marshlandhigh.co.uk

UPWELL ST PETERS CHURCH

will celebrate

All Things Bright and Beautiful

Friday 27th – Saturday 28th

June

10.00 – 4.00pm

&

Sunday 29th 3.00 – 6.30pm

Children's Craft corner

Saturday 2.00-4.00pm

Flower arrangements

Cake stall

Bric-a-Brac

Raffle



Any enquiries contact: Alex 01945 772354
Raine 0791234082
or Ros 01945 773604

ALIVE



College of West Anglia

Swimming Lessons

SPACES

AVAILABLE

- ✓ All ages
- ✓ All abilities
- ✓ Mother & baby
- ✓ 1-2-1 Lessons

alivewestnorfolk.co.uk/swimming

Swimming proudly sponsored by

College of West Anglia 

- There are 10 stages of swimming lessons following the Swim England learn to swim programme.
- Lessons are for all abilities and ages, ranging from 6 months old up to and including adults
- Water skills are included in the lessons from stage five, which are highly important and give life-saving skills such as treading water, floating to survive and swimming in clothing.
- Lessons must be paid for on booking at reception
- All teachers are qualified to ASA or STA standard
- Provision of lessons is limited to availability
- Alive Swim Academy Programme is delivered at our Pools at Downham Leisure, Oasis in Hunstanton and St James Pool in King's Lynn.
- Swimmers progression will vary depending upon the individual
- 121 lessons are available at all pools. Please enquire at reception for more information.

Contact our friendly reception at your local Alive Pool to find out more and make a splash with learning to swim!

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Supervised Toothbrushing Programme Early Years, Reception & Year 1



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What is supervised toothbrushing?

Supervised toothbrushing is a programme which supports and encourages young children who attend early years setting and primary school to implement daily toothbrushing with a fluoride toothpaste within their setting.



"Good Oral Health can contribute to school readiness and is part of the early years reform"

"Parents have said their child is happier to brush at home now"

"Settings have said the children enjoy brushing and see it part of their daily routine"



How does it work?

Children brush their own teeth once a day for two minutes under the supervision of a trained member of staff on each day they attend their early years setting.

These sessions will be fun and motivating and encourage good oral habits that will last a lifetime!

The brushing session does not replace their brushing at home.



Why is supervised toothbrushing important?

Supervised toothbrushing supports and encourages young children who attends a nursery or primary school to brush daily with a fluoride toothpaste within their setting.

Evidence shows brushing teeth with fluoride toothpaste last thing at night and one other time in the day is highly effective in preventing tooth decay (Delivering Better Oral Health Toolkit, PHE 2021 - 4th edition).

It is important that children establish good toothbrushing habits at an early age.

Studies have shown toothbrushing programmes is effective with preventing tooth decay and can establish lifelong behaviours and more willingness to brush at home.

WATCH OUR YOUTUBE VIDEO
TO SEE HOW IT WORKS

SCAN
HERE!



Training is provided by Norfolk & Waveney
Oral Health Improvement Team

For more information, please email the
Oral Health Improvement Team
ohp.norfolk@cds-cic.co.uk