

# NEWSLETTER

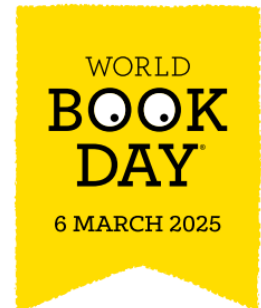
61 School Road, Upwell, Wisbech,  
Norfolk, PE14 9EW  
01945 773 220

office@upa.eastern-mat.co.uk  
www.upwellacademy.co.uk

## World Book Day 2025

Our annual celebration took place on Thursday, March 6, after a special assembly led by Mrs Fisher, our English Lead our children spent the day enjoying curriculum linked workshops across the school led by our class teachers.

This year's theme at Upwell was 'Fables' and worked well with the National theme of 'Read Your Way' which aims to encourage children to see reading as a fun activity, rather than something they have to do as part of their school studies.



Our mission as always, was to try to inspire a new reason to read and encourage that love of reading. The day was based on an Icelandic Folktale, where the story links to true beliefs of how their landscape became so trecherous. Photos of Iceland were shared and this increased interest. The other activities were drama, - linked to a mash-up of famous folktales, writing - creating a folktale, art- designing and making a peg character, construction/DT - making a bridge for the billy goats gruff to use, ICT - creating a character, and geography - map skills and drawing.



Key Dates  
for your  
diary

10.3.25 KS2  
Netball Festival

12th March ONLY  
Tempest Class  
Photos

12.3.25  
Year 4 Crafty  
Cuppa – 1:30

14-22<sup>nd</sup> March  
British Science  
Week



The staff and children had a wonderful day, and feedback has been incredibly positive from all. Now to start planning next year! There were some clear favourites when it comes to characters. Harry Potter continues to be a popular choice, decades after the books were released. Other classics include the Gruffalo, Stick Man and The Very Hungry Caterpillar.



## FOSA Preloved Book Sale

FOSA's preloved book fayre was a huge success!

Our children absolutely love books here at Upwell and it was fabulous see our children and families so excited about getting their hands on some wonderful new books to take home and enjoy.

A huge thank you to our FOSA Team!

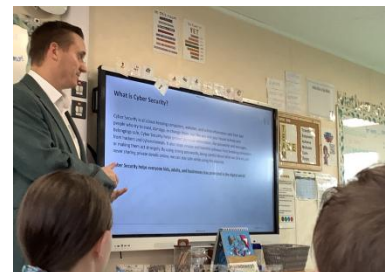


## Year 5 & 6 Careers Workshops

National Careers Week is a one-week celebration of careers guidance and free resources in education across the UK. Our aim at Upwell is to provide a focus for careers guidance activity at an important stage in the academic calendar to help support our Year 5 & 6 pupils develop awareness and excitement about their future pathways. This week they had visits from various professions including the Police, IT and the church.

A huge thank you to PC cage, Mrs Thorrold and Mr and Mrs O'Regan that joined us and shared a wealth of knowledge.

Future visits are planned outside of Careers Week, which we look forward to.



We're a proud member of the EMAT family



Queen Mary Road, King's Lynn, Norfolk, PE30 4QG

01553 779 685

office@eastern-mat.co.uk

www.eastern-mat.co.uk



# Kids with Bricks Club

The New theme of 'Magic' was introduced for this half term.

With a World Book Day theme, the children were asked to build a character from a book. A huge well done to the builders of the week this week: Sofia (4) Marnie (Y4) and Scarlet (Y4)

Please remember to vote for them on the kids with bricks website: <https://www.kidswithbricks.com/voting-page>



# Out of School Success!

Let's celebrate your achievements out of school! Upload to your portfolio and you could see them here next week.



# Learning Highlights of the Week

## Reception: Cygnet Class

A wonderful week in Cygnet class this week! In Drawing Club this week, we have been looking at the story 'The Tiny Seed', we then planted and observed our very own Sunflowers. The children are very excited to see these grow over the next few weeks! We then had a wonderful nature walk around the outdoor area, where the children used their knowledge of plants to draw their very own flowers that they observed. They really took the time to perfect their drawings and identify different parts of a plant! We also had an exciting day celebrating Pancake Day and World Book Day. We were extremely proud of the children taking on all the activities for World Book Day and travelling around the school so sensibly. Well done Cygnet Class for another wonderful week!

## Year 1: Waterlily Class

What a fantastic week we have had in year 1! In English we have been further exploring the story of 'The Gingerbread Man'. We have made text maps to help us remember the story as well as having a first go at writing it from memory! The children worked super hard at this and created some beautiful pieces of work. We also thoroughly enjoyed World Book Day! The children looked fantastic dressed as their favourite book characters as they moved around the school taking part in different special activities! Next week the children will be learning about a new writing feature in English which they will incorporate into their work

## Year 2: Otter Class

We are so proud of Year 2 this week. We have been completing some Reading, GPS and Mathematics assessments. The children have shown brilliant confidence and perseverance whilst working through these. In History we learnt



about King Henry VIII and his famous wives. On Thursday we celebrated World Book Day. We took part in a carousel of activities visiting all of the teachers taking part in special themed activities. Next week, we are looking forward to learning more about plants in Science.

**Year 3: Swan Class**

What a great week it has been in Swan class. Children had such a good time celebrating world book day and the carousel activities that they had the chance to participate in. The children had a focus on prepositions in our English learning understanding how to explain when, something is happening. I can't wait for next week when in science we are going to begin an experiment which we will need to monitor.

**Year 4: Dragonfly Class**

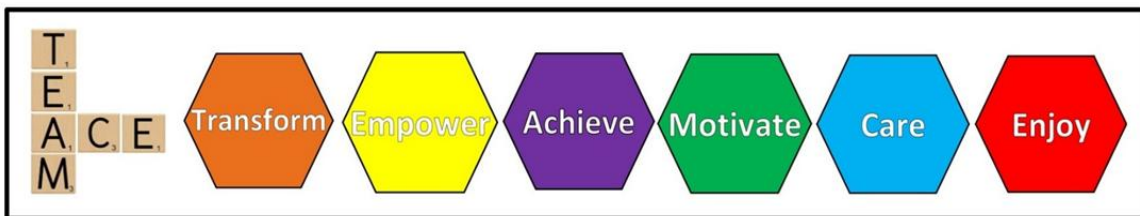
This week in History, we have enjoyed learning about Julius Caesar and creating our own fact files about his life. In Art we are exploring Monuments of Ancient Rome. This week we started creating our very own model Pantheon!

**Year 5: Willow Class**

Willows have had a busy week this week. They had a lot of fun on World Book Day; recreating folk tales through Drama; showed excellent teamwork and communication with bridge building; creating maps to navigate to Grandma's house and creating characters on wooden pegs. This week has also been Career's week with a variety of visitors. They enjoyed listening to Mr O'Regan talk about his career as a chef, then in the RAF and then finally launching his own Cyber Security Firm; Miss Raine came in and talked about her role in the Church and how it was a calling more than a career and finally the Police came to talk about their day to day work working as Police Officers and how they help in the community. Next week, we are looking forward to putting on our white coats and becoming Scientists for Science Week and conducting experiments.

**Year 6: Kingfisher Class**

Kingfisher Class have enjoyed a busy week this week! A lot of fun was had during World Book Day; completing a variety of different activities with all the teachers in school. We have also enjoyed a range of visitors this week to celebrate Career's Week.



Our 'Date for your Diary' will be added to each week and can also be found on the [Academy Calendar](#) page of our website.

**Updates**



Spring Term 2025	
17th – 23rd February	Half-Term
10th March	Y3/4 Bee Netball Festival
12th March	Tempest Class photos
12th March	Year 4 Crafty Cuppa – Y4 Parents invited 1:30-3pm

14 <sup>th</sup> – 22 <sup>nd</sup> March	British Science Week – STEM Week
14 <sup>th</sup> March	Reception class Vision & Hearing Tests
21 <sup>st</sup> March	Comic Relief – wear a comic relief or red accessory
21 <sup>st</sup> March	Planetarium Visit YR, Y2, Y5
21 <sup>st</sup> March	School & Community Team Workshop for Parents 9-10:30am
24 <sup>th</sup> March	Parents' Evening & Aspens Taster Menu (Bookable on Pupil Asset)
25 <sup>th</sup> March	Parents' Evening & Aspens Taster Menu (Bookable on Pupil Asset)
25 <sup>th</sup> March	Year 2 Dance Festival – Corn Exchange King's Lynn
26 <sup>th</sup> March	Year 2 Crafty Cuppa – Y2 Parents invited 1:30-3pm
27 <sup>th</sup> March	Year 5 Young Sports Leaders Interviews
27 <sup>th</sup> March	FOSA Easter Disco & Colour Run raffle donations in
27 <sup>th</sup> March	Easter Assembly
28 <sup>th</sup> March	School & Community Team Workshop for Parents 9-10:30am
28 <sup>th</sup> March	EYFS Farm Trip
4 <sup>th</sup> April	Downham Cluster Football Tournament
4 <sup>th</sup> April	FOSA Chocolate Tombola
4 <sup>th</sup> April	Term Ends – Easter Holiday 5 <sup>th</sup> April – 22 <sup>nd</sup> April
<b>Summer Term</b>	
22 <sup>nd</sup> April	Staff Inset
23 <sup>rd</sup> April	Children return to school
22 <sup>nd</sup> April	Earth Day – Energy Sparks Assembly
26 <sup>th</sup> April	Saturday Morning Library Hour 9-10am
30 <sup>th</sup> April	Y6 Crucial Crew visit
2 <sup>nd</sup> May	Harry Potter Writing Day
7 <sup>th</sup> May	Year 5 Crafty Cuppa – Y5 parents invited 1:30-3pm
12 <sup>th</sup> May	Key Stage 2, Yr 6 SATS Week
TBC	Year 4 Oliver Cromwell House Trip
15 <sup>th</sup> May	Aspens 'Out of this World' Special Lunch
16 <sup>th</sup> May	FOSA Colour Run & Rainbow Raffle!
21 <sup>st</sup> May	EYFS Crafty Cuppa – Reception Class parents invited 1:30-3pm
22 <sup>nd</sup> May	Year 6 Parents Meeting – Residential 3:30 – 4:15pm
19 <sup>th</sup> May	Potential RNLI Assembly to KS2
25 <sup>th</sup> – 1 <sup>st</sup> June	Half-Term
2 <sup>nd</sup> June	Children return to school
TBC	Year 3 Houghton Hall
5 <sup>th</sup> June	Mini Tennis Lynnsport
9 <sup>th</sup> June	Year 1 Phonics & Times Tables check
14 <sup>th</sup> June	Saturday Morning Library Hour 9-10am
18 <sup>th</sup> June	Year 6 Crafty Cuppa – Y6 parents invited 1:30-3pm
19 <sup>th</sup> June	Aspens 'Dive into the Deep Blue' Special Lunch
23 <sup>rd</sup> June	School Sports Partnership Quadkids Athletics
27 <sup>th</sup> June	Year 6 Afterschool Leavers' Event
30 <sup>th</sup> June – 2 <sup>nd</sup> July	Year 6 Residential Claythorpe Court
1 <sup>st</sup> July	Downham Cluster Area Sports
7 <sup>th</sup> - 11 <sup>th</sup> July	Sport Week



9 <sup>th</sup> July	Whole School Sports Day (weather permitting)
10 <sup>th</sup> July	Mini Tennis event Lynnsport
15 <sup>th</sup> July	Reserve Sports Day
10 <sup>th</sup> July	FOSA End of Year Disco
14 <sup>th</sup> July	Transition Week - Move up Assembly 14 <sup>th</sup> July 9am
17 <sup>th</sup> July	Aspens 'The Big Picnic' Special Lunch
17 <sup>th</sup> July	New Class Teacher Parent Workshop 3:20-3:50pm
21 <sup>st</sup> July	Year 6 Leavers Assembly 2pm
22 <sup>nd</sup> July	Pupil Leadership Team Speeches and Polling Station
22 <sup>nd</sup> July	Term ends




## Understanding Your Child's Behaviour: A Norfolk Steps Approach - Primary Years

- Why is a child or young person behaving in a certain way?
- Why are they trying to break things?
- Why are they trying to hurt another child or adult for no apparent reason?

### Our Offer:

- Sometimes it is very hard to understand why a child or young person is suddenly having a temper tantrum. Some of the things young people do seem to have no relation to what is going on around them. Parents may be exhausted or feel helpless trying to cope with the behaviour.

**We advise that parents attend both sessions to gain the most out of the programme.**

Please complete this form to show interest and book your space: We look forward to seeing you.

**Session 1:** Friday 21 March 2025 – 9 am to 10.30 am - Upwell Academy

- What do we mean by behaviour?
- Flight, Fight, Freeze.
- Recognising 'Triggers.'
- Thinking about 'Before, During and After' an event.



**Session 2:** Friday 28 March 2025 – 9 am to 10.30 am

- Early ideas to calm situations and keep the situation manageable for parents and children.
- Supporting children to communicate how they feel.
- Supporting children to self-regulate.
- Using reward/recognition systems.
- Restorative/repair work.



We're a proud member of the EMAT family



Queen Mary Road, King's Lynn, Norfolk, PE30 4QG

01553 779 685

office@eastern-mat.co.uk

www.eastern-mat.co.uk





# Norfolk's Wonderdome 21st March



## Year 5, Year 2, Reception Planetarium Visit

